

International Forerunner Course 2007 **TO APPLY FOR THE COURSE**

BERN (SUI)
19 to 23 March

Please confirm as soon as possible, not later **than February 15th**, to j.godoffe@ffme.fr with:

- a personal letter of motivation where you explain your motivation for this course, what you want to do with and what is your vision of a chief route setter
- your level on lead or / and boulder. It is not necessary to be at the top level in both, but to be in the right level we need : 8b+ for lead, and / or 7c for bouldering (it's the minimum to be clear on the job)
- your experiences as routesetter before this course

Each application will receive a personal answer by mail and the official invitation to this course

For all questions contact Jacky Godoffe by mail

THE COURSE

Maximum applications : **10/12** routesetters

FIRST PART

From March 19 to 23: practical and theoretical course
Proposition (or not) to be chief route setter

SECOND PART

Two practical experiences in international competition (as soon as possible) with an evaluation by the chief routesetter

Instructors on this course
Simon Wandeler
Jacky Godoffe

Evaluation of route setters during the course

Results during the course	* inadequate / ** acceptable : *** good level
Work during the course	
Qualities of route and boulders by : Pleasure to climb Good for an exciting show Without any problems for judges Personal creation	
Ability to climb on routes and/or boulder	
Adaptation of routes and blocs to the objectives of formation team.	
Results to questions about rules	
Ability to manage a team	
Ability to integrate all team	
Ability to have an objective opinion about routes and problems created (estimation of what will happen)	

Some explanations of the board

During the course, route setters have to move in the routes or boulders by significant way. It's not necessary to do especially one route or problem during this course. This ability will be appreciated by formation's team.
(8b+ after work on lead / or 7c on boulder after work.)

Route setters will be evaluated in a continuum control on all routes and blocs they created and observing how they worked during test sessions with climbers of the French national training center.

Some questions will be prepared (international climbing rules) after a theoretic training about what's essential for route setters in the rules.

Not one inadequate result will be accepted by training team to have certificate of the course

Program during the course

Theoretic part

- About international rules
- What's a chief route setter's obligations
- Planification of route setting
- Ideal route or blocs ?
- Competition actually
- Video observation of bouldering and difficulty world cup
- Open questions

Practical part (some examples)

- Setting routes and problems with special options
- Setting and transforming routes and problems very fast,
- Setting for men and women (especially for climbers in test)
- Alternation of team's work and individual work
- Balance between bouldering and difficulty work
- Original creation